



MCSTAP Clinical Mentoring Program

What is MCSTAP's clinical mentoring program?

MCSTAP offers free on-going mentoring support. The MCSTAP Clinical Mentoring Program enables a clinician like you to work with a MCSTAP physician consultant, who is expert in caring for patients suffering from chronic pain and/or substance use disorder. As a mentee, you will receive input on challenging cases and on clinical topics you would like to learn more about. Your questions and cases actively drive each MCSTAP mentoring session.

Examples of when mentoring can be helpful are for clinicians who:

- Have inherited patients on high-dose opioids or other controlled substances from another clinician;
- Are new to clinical practice;
- Have just begun or would like to begin prescribing buprenorphine;
- Are preparing to retire and have multiple patients with SUD and/or chronic pain;
- Have complicated patients with chronic pain; or
- Have other questions or challenges related to treatment for chronic pain or SUD.

New: CME for Mentees!

Free CME is now available for participants in the clinical mentoring program who have completed at least six mentoring sessions.

Accreditation



In support of improving patient care, Boston University Chobanian & Avedisian School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Boston University Chobanian & Avedisian School of Medicine designates this live activity for a maximum of 12.0 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program meets the criteria of the Massachusetts Board of Registration in Medicine for 1 hour of opioid education.

Mentees are responsible for keeping track of the dates and length of time of each mentoring session; they will need this detail when they claim CME credits.

How MCSTAP's Clinical Mentoring Works

- Mentoring sessions typically are scheduled over a three-month period; however, additional sessions can be added if needed or mentoring can be for a shorter duration.
- MCSTAP mentors are assigned based on a mentee's availability and scheduling preferences.
- Typically, the mentor and mentee meet for around one hour weekly, though the consultant strives to be flexible.
- The mentee is responsible for bringing specific cases to each session to discuss with their mentor.
- During mentoring sessions, the mentor and mentee review these cases and discuss safe prescribing and pain management strategies.
- Mentees can discontinue the sessions at any time, and they are welcome to request future MCSTAP consultations or mentoring sessions.
- Information about mentoring sessions is confidential; MCSTAP does not share any practice information outside of the mentor's communications directly with the clinician.

To learn more about MCSTAP's mentoring program, call **1-833-PAIN-SUD (1-833-724-6783)** or e-mail MCSTAP@carelon.com.